

# Fresh Year... Fresh Start

New Year's Day is one of the worlds oldest holidays. In fact, it was first observed nearly 4,000 years ago by the ancient Babylonians. But it was not always celebrated on the first of January. The Babylonians observed the start of a new year on the first day of spring, as did many other cultures. It wasn't until much later when the Romans, came to power that January 1st was set as the official start of the first year.

The date may have changed, but one New Year's Day tradition has remained the same— making New Year's resolutions. Even the early Babylonians marked the start of a new year with making resolutions. But while our modern resolutions tend to be about losing weight or exercising more, the most popular ancient Babylonian was to return borrowed farm equipment!

New Year's resolutions are fun to make; sometimes we even keep them. But more often than not, our resolve weakens after a few days. By the time February rolls around, those promises are long forgotten. But before you get too discouraged, there is good news. There is one whose Word you can count on, day in and day out. God's promises will never change. His resolutions will stay strong from January 1st through December 31, east and every year!

Depend on his promises to help you keep yours!

Also on this day....

1735— Paul Revere was born.

1840-The first bowling match in US was recorded.

1892— Elias Island Immigrant Station formally opened in New York.

**Without wavering, let us hold tightly to the hope we say we have, for God can be trusted to keep his promise!**

**Hebrews 10:23**