

Breaking Free- Jere Riddick

It seems that there are many times that we find ourselves involved in things that we should have stayed clear of and before we know it things can really start to get out of hand. I heard a sermon a while back and thought I would share a little of what I learned in a way that I hope you will find helpful.

B – Begin today (stop putting off what needs to be done today)

R – Refuse to blame others (Blame = Be Lame)

E – Examine your life (Take a deep look at yourself)

A – Ask God to take control (God can do what we cannot)

K – Keep away from temptation (don't allow yourself to be put in a bad position)

F- Focus on things of God (When we focus on God everything else starts to line up)

R – Restore peace to your life (Make peace with those whom you have hurt)

E – Enlist help from Godly people (Seek Godly council)

E – Extend help to others who are hurting (When you focus on others problems seem to fade away)

So start now and break free from the feeling of fear, depression, hopelessness, and start living the life that God has given you, You are a chosen people and we are a chosen generation so don't let the things you face in life steal that from you. During this season of Christmas we need to remember that God gave His son for us, and because of that reason alone we should be rejoicing not complaining, depressed or scared. God loves you and you are an MK so there should be nothing that can bring you down. May God's blessings be on you this Christmas!